



America's Brightest **ORANGE**

## Oklahoma State University

### University Assessment and Testing

2021 OSU Survey of Alumni

Survey Report – Health Education and Promotion

The OSU Alumni Survey is a survey designed to collect information about OSU graduated students. More specifically, it is designed to collect information on their career, educational achievements, and their experience with OSU. This information will be used to improve academic programs and student experiences at OSU for generations to come. This survey targeted alumni of undergraduate and graduate programs who received their degree in 2015 and/or 2019. The survey was administered online by OSU-University Assessment and Testing (UAT) in March 2021 through May 2021. Departments may request additional information by contacting UAT ([assessment@okstate.edu](mailto:assessment@okstate.edu)).

#### Survey Questions

Respondents were asked up to 26 institutional level items. Institutional level items were given to all OSU alumni and the items consisted of six topics: continuing education, well-being and community, demographic information, academic satisfaction, career reflection, and current job or career information.

#### Target Population / Response Rate – Health Education and Promotion

	OSU Degree Received:		
	<u>2015*</u>	<u>2019</u>	<u>Total</u>
Number of graduates ( <i>n</i> )	53	51	104
Number of survey respondents ( <i>n</i> )	11	2	13
Response rate	20.8	3.9	12.5

\*Due to a low response rate for 2015 and 2019 ( $n < 3$ ), data for both years were presented together.

Combined 2015 & 2019

1. Since graduating from OSU, how would you describe your activity? (This item was "mark all that apply")

	<i>n</i>	%
Not engaged in paid employment, nor enrolled in graduate or professional school	0	0.0
Enrolled in graduate or professional school	3	20.0
Employed full-time or part-time	9	60.0
Both employed (other than graduate assistant) and continuing my education	2	13.3
Self-employed	1	6.7

Combined 2015 & 2019

2. Whether or not you are currently employed, in what area is your principal occupation?

	<i>n</i>	%
Engineering	0	0.0
Computer Science, Programming or Technology	0	0.0
Science, Social Science, or Mathematics	0	0.0
Health or Mental Health	9	69.2
Business or Management	0	0.0
Finance or Accounting	0	0.0
Education, Training, or Library	0	0.0
Legal	0	0.0
Writing, Journalism, or Design	0	0.0
Public Service, Policy, or Politics	1	7.7
Public Relations, Marketing, or Sales	0	0.0
Architecture	0	0.0
Art, Performing, or Athletics	1	7.7
Participating in a volunteer or service program	0	0.0
Serving in the U.S. military	0	0.0
Other occupational area (INSERT FIELD)	2	15.4



## Continuing Education

Participants who indicated they were continuing their education responded to the following items.

### Combined 2015 & 2019

3. What graduate or professional degree are you pursuing or, if you completed a degree, what degree did you complete? (This item was "mark all that apply")

	<i>n</i>	%
Graduate Certificate	0	0.0
Master's	2	33.3
Doctoral	2	33.3
Medical (includes nursing, osteopathy, dental, vet, and more)	0	0.0
Law	0	0.0
Other (INSERT FIELD)	1	16.7
Prefer not to answer	1	16.7

4. What was the name of your graduate or professional school?

### Combined 2015 & 2019

Oklahoma State University	2
Parker University	1
University of Oklahoma	1

### Combined 2015 & 2019

5. How well did your OSU program prepare you for graduate or professional education program?

	<i>n</i>	%
Very well	2	66.7
Adequately	1	33.3
Not very well	0	0.0
Not at all	0	0.0
Prefer not to answer	0	0.0



## Well-being & Community

### Combined 2015 & 2019

6. How connected do you feel to OSU?		
	<i>n</i>	%
Very connected	1	1
Moderately connected	5	5
Somewhat connected	2	2
Not very connected	3	3

### Combined 2015 & 2019

7. Are you regularly in touch with people you met at OSU? (This item was "mark all that apply")		
	<i>n</i>	%
Yes, with my advisor(s)	1	5.3
Yes, with professors or staff	2	10.5
Yes, with members of my team, club, or sorority/fraternity	4	21.1
Yes, with classmates/friends I met at OSU	10	52.6
No	2	10.5

### Combined 2015 & 2019

8. How much has your overall quality of life been enhanced by your Oklahoma State University experience?		
	<i>n</i>	%
Very Much	9	81.8
Somewhat	2	18.2
Little	0	0.0
None	0	0.0

### Combined 2015 & 2019

9. In the past twelve months, how often have you participated in unpaid volunteer work?		
	<i>n</i>	%
More than once a week	0	0.0
About once a week	1	9.1
About once a month	1	9.1
Every few months	2	18.2
Once or twice in the past year	4	36.4
Not at all	3	27.3



10. How would you change the emphasis OSU placed on these aspects of education and college life?

Combined 2015 & 2019

10a. Making ethical and thoughtful decisions		
	<i>n</i>	%
Reduce a great deal	0	0.0
Reduce somewhat	3	25.0
Keep about the same	4	33.3
Increase somewhat	1	8.3
Increase a great deal	3	25.0
I don't know	1	8.3

Combined 2015 & 2019

10b. Exploring alternative values, perspectives, and beliefs from around the world		
	<i>n</i>	%
Reduce a great deal	0	0.0
Reduce somewhat	0	0.0
Keep about the same	2	18.2
Increase somewhat	5	45.5
Increase a great deal	3	27.3
I don't know	1	9.1

Combined 2015 & 2019

10c. Improving written and oral communication skills		
	<i>n</i>	%
Reduce a great deal	0	0.0
Reduce somewhat	0	0.0
Keep about the same	1	10.0
Increase somewhat	8	80.0
Increase a great deal	1	10.0
I don't know	0	0.0



Combined 2015 & 2019

10d. Improving ability to think critically (analytically and logically)

	<u><i>n</i></u>	<u><i>%</i></u>
Reduce a great deal	1	8.3
Reduce somewhat	0	0.0
Keep about the same	4	33.3
Increase somewhat	5	41.7
Increase a great deal	2	16.7
I don't know	0	0.0

Combined 2015 & 2019

10e. Ability to interact positively with people who are different from you

	<u><i>n</i></u>	<u><i>%</i></u>
Reduce a great deal	1	8.3
Reduce somewhat	0	0.0
Keep about the same	3	25.0
Increase somewhat	4	33.3
Increase a great deal	4	33.3
I don't know	0	0.0

Combined 2015 & 2019

10f. Developing good health habits and physical fitness

	<u><i>n</i></u>	<u><i>%</i></u>
Reduce a great deal	0	0.0
Reduce somewhat	0	0.0
Keep about the same	3	27.3
Increase somewhat	4	36.4
Increase a great deal	4	36.4
I don't know	0	0.0



## Academic Satisfaction

11. Please rate your degree of satisfaction with each of the following items:

<u>Combined 2015 &amp; 2019</u>		
11a. The quality of teaching at OSU	<u><i>n</i></u>	<u>%</u>
Very Satisfied	2	18.2
Satisfied	7	63.6
Neutral	1	9.1
Dissatisfied	1	9.1
Very Dissatisfied	0	0.0
Not applicable	0	0.0

<u>Combined 2015 &amp; 2019</u>		
11b. Availability of courses needed for your degree program	<u><i>n</i></u>	<u>%</u>
Very Satisfied	1	8.3
Satisfied	9	75.0
Neutral	1	8.3
Dissatisfied	1	8.3
Very Dissatisfied	0	0.0
Not applicable	0	0.0

<u>Combined 2015 &amp; 2019</u>		
11c. OSU academic facilities (e.g. classrooms, labs, buildings, etc.)	<u><i>n</i></u>	<u>%</u>
Very Satisfied	2	18.2
Satisfied	6	54.5
Neutral	3	27.3
Dissatisfied	0	0.0
Very Dissatisfied	0	0.0
Not applicable	0	0.0



Combined 2015 & 2019

11d. OSU academic advising		
	<u>n</u>	<u>%</u>
Very Satisfied	3	27.3
Satisfied	3	27.3
Neutral	3	27.3
Dissatisfied	2	18.2
Very Dissatisfied	0	0.0
Not applicable	0	0.0

Combined 2015 & 2019

11e. Preparation to handle non-career related goals (e.g. family, finances, etc.)		
	<u>n</u>	<u>%</u>
Very Satisfied	0	0.0
Satisfied	2	16.7
Neutral	6	50.0
Dissatisfied	3	25.0
Very Dissatisfied	1	8.3
Not applicable	0	0.0

Combined 2015 & 2019

11f. Availability of internship/practicum experiences		
	<u>n</u>	<u>%</u>
Very Satisfied	3	25.0
Satisfied	5	41.7
Neutral	3	25.0
Dissatisfied	0	0.0
Very Dissatisfied	1	8.3
Not applicable	0	0.0

Combined 2015 & 2019

11g. Overall education at OSU		
	<u>n</u>	<u>%</u>
Very Satisfied	6	50.0
Satisfied	6	50.0
Neutral	0	0.0
Dissatisfied	0	0.0
Very Dissatisfied	0	0.0
Not applicable	0	0.0





Combined 2015 & 2019

12. If you could start over, would you still choose to attend Oklahoma State University?		
	<u>n</u>	<u>%</u>
Definitely yes	5	45.5
Probably yes	5	45.5
Uncertain	1	9.1
Probably no	0	0.0
Definitely no	0	0.0

**Career Reflection**

Participants who indicated they were employed responded to the following items.

Combined 2015 & 2019

13. How closely is your job related to your field of study?		
	<u>n</u>	<u>%</u>
Not related	1	10.0
Somewhat related	3	30.0
Directly related	6	60.0

Combined 2015 & 2019

14. How well did OSU prepare you for meaningful employment?		
	<u>n</u>	<u>%</u>
Very well	4	40.0
Adequately	3	30.0
Not very well	3	30.0
Not at all	0	0.0
Prefer not to answer	0	0.0

Combined 2015 & 2019

15. Overall, how satisfied are you with your career?		
	<u>n</u>	<u>%</u>
Very Satisfied	5	50.0
Satisfied	5	50.0
Neutral	0	0.0
Dissatisfied	0	0.0
Very Dissatisfied	0	0.0



### Current Job or Career

Combined 2015 & 2019

16. Are you employed full-time (on average 30 hours or more per week) or part-time (on average less than 30 hours per week)?

	<u>n</u>	<u>%</u>
Full-time	8	88.9
Part-time	1	11.1

Combined 2015 & 2019

17. How long did it take to find your first employment after graduating from OSU?

	<u>n</u>	<u>%</u>
Employed by graduation	4	44.4
3 months after graduation	1	11.1
6 months after graduation	1	11.1
9 months after graduation	1	11.1
1 year after graduation	1	11.1
over 1 year after graduation	1	11.1

18. What is your official job title?

Combined 2015 & 2019

Child welfare specialist	1
Cosmetologist	1
Epidemiologist	1
Fitness Manager	1
Head Athletic Trainer	1
Health Fitness Specialist	1
Research Associate	1
Wellness Coordinator	1



19. What is the name of your current employer? Please include full name (no abbreviations). <sup>1</sup>
American Indian Research Group
Cooper Aerobics
EXOS
Oklahoma Department of human services
Shay Pivniska
Tulsa Health Department
University of Oklahoma
Willie George Ministries

Combined 2015 & 2019

20. Which of the following best describes your employer?	<u>n</u>	<u>%</u>
A corporation, partnership, or private business	3	33.3
Military	0	0.0
Other governmental entity	2	22.2
Charity or other nonprofit entity	1	11.1
Educational institution	2	22.2
Other	1	11.1
Prefer not to answer	0	0.0

<sup>1</sup>Current Employer is presented exactly as reported by survey respondents.



Combined 2015 & 2019

21. Does your job require: (This item was "mark all that apply")		
	<u><i>n</i></u>	<u><i>%</i></u>
Technology skills	6	12.2
Conducting research	2	4.1
Extensive training	4	8.2
Math skills	3	6.1
Problem solving/analytic reasoning	8	16.3
Speaking to a group	8	16.3
Use of specialized machinery	0	0.0
Use of specialized software	6	12.2
Working with a diverse group of people	7	14.3
Writing reports, memos, papers, publications, etc.	5	10.2

Combined 2015 & 2019

22. What is your approximate total annual salary (including bonuses), before taxes?		
	<u><i>n</i></u>	<u><i>%</i></u>
Less than \$15,000	0	0.0
\$15,000 but less than \$25,000	2	25.0
\$25,000 but less than \$35,000	1	12.5
\$35,000 but less than \$45,000	2	25.0
\$45,000 but less than \$55,000	3	37.5
\$55,000 but less than \$65,000	0	0.0
\$65,000 but less than \$75,000	0	0.0
\$75,000 but less than \$100,000	0	0.0
\$100,000 but less than \$125,000	0	0.0
\$125,000 but less than \$150,000	0	0.0
Over \$150,000	0	0.0
Prefer not to answer	0	0.0



## Demographics

### Combined 2015 & 2019

23. Which OSU campus do you most identify with?		
	<i>n</i>	%
Stillwater	6	60.0
Tulsa	4	40.0
Equally Stillwater or Tulsa	0	0.0
Online	0	0.0

24. In which country do you currently reside?	
Combined 2015 & 2019	
United States of America	10

24a. In which state do you currently reside?	
Combined 2015 & 2019	
OK*	4
OK-OKC	1
OK-TUL	2
TX	2

\*1 respondent did not provide a valid Oklahoma zip code and were therefore added to the general Oklahoma count.



## Overall

25. What could OSU have done to better serve you?
Better instructors that took time to actually teach you the information.
Better teachers in my program.
I feel like I did not have much of an idea of what I could actually do with my degree. My advisor encouraged me to pick a degree that felt interesting to me, and things would fall into place. I really had no idea what I wanted to do after graduation, and when people asked what I could do with my degree, I had no idea what to say. Of course, that could be my fault for not exploring the options but help would've been appreciated.
I had no choice in days/times/professors for my health courses. All health courses were 3 hours per day.
I think that OSU could have assisted more with the internship process. Having more options available through the school would be nice, even if it is competitive. It makes the students want to work harder.
I would have liked to have been taught how to negotiate a salary. I never have any idea what do when it comes to that.
N/a I truly loved my time at OSU
Provide additional public health learning opportunities outside of the classroom, like opportunities to do community level work; Provide greater networking opportunities to meet public health professionals; More emphasis on the relationship between policy, policy environments, and health outcomes (looking more into both the social and political determinants of health).

26. What additional information would you like OSU to know?
Honestly, I have a lot of different interests and had a hard time deciding what to pursue. OSU accommodated a lot of different paths and I changed my major about 5 times. I've considered going back to OSU for my masters degree, but again, I'm not sure what in. I have no regrets for attending OSU but I personally sometimes feel like a failure for not pursuing my degree.
I worked in corporate wellness at Phillips 66 oil company as a contractor for EXOS. I quit my job there after about 3 and a half years in January of this year. They shut down most programs and cut half of their gym memberships due to COVID and they never brought them back. I really enjoyed my job there pre-COVID, but I just got really bored with nothing to do. I filled out this survey with that job's information, since I spent most of my employment time there after college. Now I just make Doordash deliveries until I can find something related to my degree.
I would like OSU to know that socially, my time at OSU was invaluable. I believe however that some subjects could have definitely been more in depth to prepare people like me who are in a graduate program.
Loved my experience there. It helped lead me to the place I am today.
The faculty and staff are incredible humans and I am a better person both in my personal and professional life due to the relationships I built during my time at OSU.

